Wednesday 07.10.

VEGAN Harissa seasoned vegetable stew with chickpeas (G,M), pita bread 1 pc/portion and soy gurt G*	M		3,10 / 6,35 / 8,80 €
CLASSIC FLAVORS Chicken kebab in tomato sauce with rice	G, M	FI	3,10 / 6,35 / 8,80 €
CLASSIC FLAVORS Minced meat and macaroni casserole		FI	3,10 / 6,35 / 8,80 €
SOUP Puréed cauliflower and broccoli soup (portion inc 1 napas and side salad)	G, M		3,10 / 6,35 / 8,80 €
NAPAS Napas			
GREENS & GAINS Tuna salad	G, M		3,10 / 6,35 / 8,80 €
THE LONG BITE Tomato & mozzarella baguette	L		3,10 / 6,35 / 8,80 €
DESSERT Turkish yogurt, honey and granola	L		1,00 / 1,00 / 1,50 €
CHEF´S SPECIAL Cheeseburger with French fries (also CHICKEN, HALLOUMI or VEGAN burger available)		FI EU	5,90 / 9,37 / 13,70 €
CHEF´S SPECIAL Oven baked potato with smoked salmon mousse	G, L		5,90 / 9,37 / 13,70 €

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

≤ 0,5 kg CO2 e
Parempi valinta / Healthy choice
Vegaaninen / Vegan
Opiskelija-ruokailusuos. / Recommended student meal
Sisältää porsaanlihaa / Including pork
Lihan alkuperämaa Suomi / EU / muu
The country of meat origin: Finnish / EU / non-EU