



Thursday 16.05.

Breakfast

Breakfast- Semolina porridge, berry puree, rye cracker, fresh cheese, fruit and milk

L

Veggie

Kidney bean-ratatouille and full grain oats

M



Popular

Pork sauce with bell pepper and full grain oats

L



Extra

Apple

G, M



Special

Snack- Grain bread, turkey, boiled egg, cucumber, fruit and milk

L



Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

 ≤ 0,5 kg CO₂ e  Parempi valinta
Healthy choice  Vegaaninen
Vegan  Opiskelija-ruokailusuos.
Recommended student meal  Sisältää porsaanlihaa
Including pork    Lihan alkuperämaa Suomi / EU / muu
The country of meat origin: Finnish / EU / non-EU