

Menu 29.04. - 05.05.

Monday

Lindström steak (minced meat and beetroot), mashed potatoes and caper-mustard sauce

G, L



Broiler-paprika pasta

L



Butter tofu and basmatirice

G, M



Parsnip puree soup

G, L



Tuna salad or Goat cheese salad

G, VL

Mango yogurt or fruit

G, L

Tuesday

Casserole with potato and salmon

G, L



Minced meat burrito, salsa, sour cream and rice

L



Green pestopasta and vegan grated cheese

M



Forest mushroom soup

G, L



Turkey bowl or Mozzarella salad

Orange rice or fruit

G, L

Thursday

Emmental gratin fish and spinach, potato

G, L



Szechuan ox wok with apple and basmati rice

G, M



Cabbage-carrot casserole and lingonberry puree

G, M



Spring onion-potato puree soup

G, L



Tandooribroiler bowl or Feta cheese salad

Salty liquorice-citron quark or fruit

G, L

Friday

Hamburger and sweet potato fries



Fried cod and tomato sauce

G, L



Future50: Vegetableballs/Vegetable sausage M,G and tzatziki L,G

G, L

Roasted paprika soup

G, L

Chorizo salad or Goat cheese salad

Carrot cake or fruit

L

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose