








Menu 13.05. - 19.05.




Monday

Breakfast- Multi grain bread, Gouda cheese, cucumber, apple and milk	L	
Quorn fricassee and full grain rice	L	
Chicken fricassee with black currant jam and full grain rice	L	 
Apple	G, M	
Snack- Corn flakes with berry soup, cheese, vegetables, rye cracker and milk	L	







Tuesday

Breakfast- Corn flakes with berry soup, cheese, tomato, rye cracker and milk	L	
Vegetable croquettes with dill sour cream and mashed potatoes	G, L	
Fish patties with dill sour cream and mashed potatoes	L	
Fruit	G, M	
Snack- Oat roll with Gouda cheese, cucumber, fruit and milk	L	






Wednesday

Breakfast- County bread, Edam cheese, tomato, fruit and milk	L	
Vegetable-pasta casserole	L	
Minced meat lasagnette	L	
Orange mousse	G, VL	
Fruit	G, M	
Snack- Multi grain roll, cheese, carrot sticks, apple and milk	L	

Thursday

Breakfast- Semolina porridge, berry puree, rye cracker, fresh cheese, fruit and milk	L	
Kidney bean-ratatouille and full grain oats	M	 
Pork sauce with bell pepper and full grain oats	L	 
Apple	G, M	
Snack- Grain bread, turkey, boiled egg, cucumber, fruit and milk	L	

Friday

Breakfast- Natural yogurt, berry puree, cucumber, rye cracker and milk	L	
Sweet potato soup	G, L	
Clear chicken soup	G, M	 
Berry kissel	G, M	
Pear	G, M	

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose