








Menu 05.05. - 11.05.

Monday

Garlic-herb marinated chicken, tzatziki, and roasted potatoes	G, L	
Butter tofu and basmati rice	G, M	  
Pulled beef burger, coleslaw, and French fries	M	



Tuesday

Ginger pork, jasmine rice, and vegetables	G, M	 
Breaded flounder, remoulade, and dill butter potatoes	L	
Goat cheese-sun-dried tomato rösti, sour cream sauce, and thyme vegetables	G, VL	
Pulled beef burger, coleslaw, and French fries	M	


Wednesday

House lasagna with arugula and parmesan	L	
Cauliflower-lentil curry and basmati rice	G, M	  
Pulled beef burger, coleslaw, and French fries	M	

Thursday

Bulgogi beef, rice, and kimchi	G, M	
Chili roasted cod, tomato mayonnaise, and crushed potatoes	G, M	
Roasted sweet potato and quorn with coriander-soy yogurt sauce	G, M	 
Grilled beef steak, garlic butter, French fries, and grilled tomato	G, L	

Friday

Pita gyros with chicken kebab, tzatziki, and French fries	L	
Spinach-ricotta pie and arugula nut salad	VL	
Grilled beef steak, garlic butter, French fries, and grilled tomato	G, L	

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

       
 ≤ 0,5 kg CO₂ e Parempi valinta Healthy choice Vegaaninen Vegan Opiskelija-ruokailusuos. Recommended student meal Sisältää porsaanlihaa Including pork Lihan alkuperämaa Suomi / EU / muu The country of meat origin: Finnish / EU / non-EU