

Menu 28.07. - 03.08.

Monday

Kebab with chili and tomato sauce, rice, yogurt	G, L
Broccoli purée soup	G, L
Vegan butter tofu and rice	G, M
Salad bar	L
Berry quark	G, VL

Tuesday

Breaded flounder cutlet, mashed potatoes, and tartar sauce (Gluten free option from the kitchen)	L	
Basil and tomato soup	G, L	
Chili sin carne, rice and roasted vegetables	G, M	
Salad bar	L	
Strawberry kissel with whipped cream	G, L	

Wednesday

Lyon-style chicken, roasted potatoes, and warm vegetables (NEW)	G, L	
Vegetable puree soup	G, L	
Nutty sweet potato and potato gratin with roasted mushrooms	G, L	
Salad bar	L	
Mango mousse	G	

Thursday

Beef Stroganoff with potatoes and warm vegetables	G, L	
Creamy parsnip soup	G, L	
Vegetable steaks, bulgur and tzaziki	L	
Salad bar	L	
Fruit salad	G, M	

Friday

Traditional pan-fried beef patty with fried onions and cream sauce, mashed potatoes, and lingonberries	G, L	 
Greek-style mifu eggplant casserole with cous cous	L	
Paprika & tomato soup	G, M	
Salad bar	L	
Pastry of the day		

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose