

Menu 18.08. - 24.08.

Tuesday

Pan steaks with green pepper sauce, oven vegetables and potatoes	L
Creamy salmon soup by Valaja	VL
Blue cheese soup and roasted onion	G, L
Variable vegetables and 2 to 3 different proteins	
Pasta Buffet: Lemony chicken pasta Pollo Limonello with rocket and spinach salad and parmesan	L
Pasta Buffet: Lemony spinach and ricotta pasta with rocket and spinach salad and parmesan	L

Wednesday

Pork neck with smoky BBQ sauce, oven potatoes with flavoured butter and grill tomatoes	L
Goat cheese gratinated balsamico beetroot with oven potatoes with flavoured butter and grill tomatoes	VL
Forest mushroom soup and parsley	L
Variable vegetables and 2 to 3 different proteins	VL
Bowl: Korean Fried Chicken with jasmine rice and kimchi cucumbers	M
Bowl: Korean Fried Tofu with jasmine rice and kimchi cucumbers	M

Thursday

Pork cutlet with lemony new potatoes and summer vegetables and bearnaise sauce	L
Tomato soup and goat cheese	VL
Variable vegetables and 2 to 3 different proteins	
Cold poke bowl with Teriyaki chicken, jasmine rice, fresh herbs and vegetables	M
Cold poke bowl with avocado and tofu, jasmine rice, fresh herbs and vegetables	G, M

Friday

Black Angus cheddar burger with pickled red onion, ranch sauce and french fries	VL
Portobello burger with pickled red onion, ranch sauce and french fries	VL
Chili, sweet potato and coconut soup with pine seeds	G, M
Valaja's Caesar Salad, variable vegetables and 2 to 3 different proteins *Ask for gluten free*	
Casual Pizza Day: Chicken and BBQ with rocket	VL
Casual Pizza Day: Mozzarella, tomato, pesto and rocket	VL

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose