

Menu 20.10. - 26.10.

Monday

Chicken with sweet and sour sauce, yogurt sauce, rice, and vegetables	G, L	
Kebab with tomato sauce, yogurt sauce and rice	G, L	
Tofu and vegetables with lime chili sauce & rice (contains peanuts and cashewnuts)	G, M	
Salad of the day: Shrimp Caesar salad		
Vegetable bolognese, pasta, and Parmesan cheese	L	
Pork minute steak, tarragon-garlic butter, fries and grilled vegetables	G, L	 
Gluten free tiramisu cake (contains gelatin)	G, L	

Tuesday

Tex-Mex beef stew, nachos, sour cream, jalapeños, and rice	G, L	
Tex-Mex chickpea and soy stew, nachos, sour cream, jalapeños, and rice (vegan without sour cream)	G, M	
Tomato and lentil soup seasoned with chili	G, M	
Wildmushroom and blue cheese pasta	L	
Chicken Kiev, herb and lime aioli, wedged potatoes and grilled vegetables	VL	
Strawberry and raspberry pannacotta	G, VL	

Wednesday

Cod fish with sour cream sauce, dill potatoes, and vegetables	G, L	
Mushroom filled cabbage rolls	G, L	
Broccoli soup	G, L	
Minute beef steak, chimichurri, seasoned potatoes, and chili tomato ratatouille	G, M	
Lingonberry quark	G, L	

Thursday

Coq au vin, herb potatoes, and roasted vegetables	G, L	 
Vegetable patties, fried mushrooms and onions, parsley sour cream sauce, roasted herb potatoes, and vegetables	G, L	
Salad of the day: Goat cheese and beetroot salad with pine nuts and balsamic syrup	G, VL	
Vegetable pea soup	G, M	
Pork Schnitzel, mushroom sauce, mashed potatoes, and vegetables	L	 
Pancakes, jam, and whipped cream	L	

Friday

Chicken with pepper sauce, wedged potatoes and vegetables	G, L	
Tofu seasoned with chili and garlic, pita bread, aioli, and potato wedges (suitable for vegans without aioli)	L	
Daily salad plate: Salmon pesto salad (contains nuts)	G, L	
Blue cheese and beetroot soup	G, L	
Apple pie with vanilla sauce	L	

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose