

Menu 03.11. - 09.11.

Monday

Bean and vegetable lasagna

Tandoori pork and steamed potatoes

Broiler Lasagnette

M   
G, M   
L  

Tuesday

vegan Sun-dried tomato - soy sauce and pasta

Korean roasted steak (2PCS/SERVICE) and steamed rice

Creamy Fish Soup

M  
G, M   
G, L 

Wednesday

Lentil and broccoli curry and rice

Pork cutlet (1PC/SERVE), chili mayonnaise and roasted potatoes

Salmon balls (7PC/SERVE), dill-cream sauce and potatoes

G, M   
M  
G, L 

Thursday

Vegan meatballs in spicy tomato sauce and steamed rice

Herb-roasted Chicken (1PC / SERVING), orange teriyaki sauce and steamed rice

Pea soup, pancake, jam and whipped cream

vegan Vegetable pea soup made from soybean meal

Pancake, jam and whipped cream

G, M    
M  
L   
G, M  
L 

Friday

Tofu and vegetable filled tortillas (2PCS/SERVICE) and salsa

Fish and Chips, with Tartar sauce

Minced meat patties (2PCS/SERVICE), brown cream sauce and steamed potatoes

M    
L 
L   

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

 ≤ 0,5 kg CO2 e  Parempi valinta
Healthy choice  Vegaaninen
Vegan  Opiskelija-ruokailusuos.
Recommended student meal  Sisältää porsaanlihaa
Including pork    Lihan alkuperämaa Suomi / EU / muu
The country of meat origin: Finnish / EU / non-EU