

Menu 08.12. - 14.12.

Monday

Vegetarian Burgundy Stew

G, M



chicken balls in pepper sauce and potatoes

L



Vegetarian Quinoa Patties with Honey Yogurt and Potatoes

G, L



Tuna Baquette

M



Tuesday

Roasted Broccoli and Tofu with Beetroot Creme and Potatoes

G, M



Kebab and Tomato Sauce with Rice

G, M



Palak Paneer and rice

G, L



Tomato & Mozzarella Baquette

VL



Wednesday

Harissa Chick Pea and Vegetable Stew with Pita Bread and Soya Yogurt

M



Breaded sole fillet with Dill Sour Cream and Potatoes

L



Spicy chicken chili stew and rice

G, M



Greek Cheese Baquette

L



Thursday

Christmassy Buffet Lunch



Baltic Sea Fish Dumplings

G, L



Friday

Mushroom and Broad Bean Pasta

M



Salmon and Spinach Lasagna

L



Baked Cheese Sausage with Ketchup and Mashed Potatoes

G, L



Tomato & Mozzarella Baquette

VL



Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

 ≤ 0,5 kg CO₂ e  Parempi valinta
 Vegaaninen  Opiskelija-ruokailusuos.
 Sisältää porsaanlihaa
 Lihan alkuperämaa Suomi / EU / muu
 The country of meat origin: Finnish / EU / non-EU
