

## Menu 12.01. - 18.01.

### Monday

|                                                                     |       |                                                                                     |
|---------------------------------------------------------------------|-------|-------------------------------------------------------------------------------------|
| Chicken in red sauce, rice and vegetables                           | G, M  |  |
| Lentil-vegetable stuffed bell peppers, roasted potatoes and yoghurt | G, L  |                                                                                     |
| Broccoli soup                                                       | G, L  |                                                                                     |
| Rainbow trout, remoulade sauce, dill potatoes and vegetables        | G, M  |                                                                                     |
| Portobello raviolis and rucola                                      | L     |                                                                                     |
| Ice cream buffet                                                    | G, L  |                                                                                     |
| From the cafe: Goat's cheese salad or shrimp salad                  | G, VL |                                                                                     |

### Tuesday

|                                                                   |       |                                                                                                                                                                         |
|-------------------------------------------------------------------|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Minced meat patties, pepper sauce, mashed potatoes and vegetables | G     |   |
| Mushroom-artichoke risotto and parmesan cheese                    | G, L  |                                                                                                                                                                         |
| Vegetable borsch soup                                             | G, M  |                                                                                      |
| Chicken with satay sauce, basmati rice and vegetable stir-fry     | M     |                                                                                      |
| Indonesian satay wing goreng                                      | M     |                                                                                      |
| Berry custard and vanilla sauce                                   | G, L  |                                                                                                                                                                         |
| From the cafe: Brie cheese salad or chicken salad                 | G, VL |                                                                                      |

### Wednesday

|                                                      |       |  |
|------------------------------------------------------|-------|--|
| Crispy cod fish, aioli, potato wedges and vegetables | L     |  |
| Tofu-vegetable curry and basmati rice                | G, M  |  |
| Spinach soup and eggs                                | L     |  |
| Cheese burger, french fries and mayonnaise           | VL    |  |
| Halloumi Burger, french fries and mayonnaise         | L     |  |
| Fruit smoothie                                       | G, VL |  |
| From the cafe: Smoked salmon salad or Feta salad     | G, M  |  |

### Thursday

|                                                                  |      |  |
|------------------------------------------------------------------|------|--|
| Cajun roasted pork belly, creamy potatoes and green pepper sauce | L    |  |
| Vegetable moussaka and basil                                     | L    |  |
| Lentil-noodle soup                                               | M    |  |
| Creamy salmon soup                                               | G, L |  |
| Cabbage rolls, cream sauce, lingonberries and potatoes           | G, L |  |
| Pancakes, jam and whipped cream                                  | VL   |  |
| From the cafe: Halloumi- or tuna salad                           | G, M |  |

### Friday

|                                                                        |       |  |
|------------------------------------------------------------------------|-------|--|
| Crispy chicken, sriracha mayonnaise, potato wedges and Asian cole slaw | M     |  |
| Carrot-sweet potato patties, potatoes and parsley sour cream           | L     |  |
| Paprika-cream cheese soup                                              | G, L  |  |
| Pizza Day: Kebab-red onion                                             | L     |  |
| Pizza Day: Mozzarella-vegetable                                        | VL    |  |
| Panna cotta and raspberry melba                                        | G, VL |  |

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.  
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

**G** Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose