























## Menu 06.04. - 12.04.

### Monday












### Tuesday

Bean ragu with jeera roasted carrots, tahini soy yoghurt and boiled potatoes	G, M	  
Frankfurter stroganoff and boiled potatoes	G, L	  
Ginger and carrot soup, from main catering line	G, L	 
Baguette lunch:tomato and mozzarella baguette with side salad and drink	L	
Coconut fool with raspberry jam	G, L	













### Wednesday

Lentil and root vegetable lasagnette	M	  
Beef patties with cream sauce and boiled potatoes	L	  
Fish soup, from main catering line	G, L	  
Baguette lunch:curry and chicken baguette with side salad and drink	M	 
Marianne candy mousse	G, VL	

### Thursday









Butter tofu with basmati rice	G, M	  
Butter chicken with basmati rice	G, L	 
Pea soup, from main catering line	G, M	  
Baguette lunch:BBQ and ham baguette with side salad and drink	M	  
Pancake with jam	L	

### Friday

Tofu and vegetable risotto	G, M	  
Crispy fish with tartar sauce and mashed potatoes	L	  
Spinach soup with egg, from main catering line	G, L	 
Baguette lunch:chicken and bacon baguette with side salad and drink	L	  
Berry smoothie	G, L	

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.  
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

**G** Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

         
 ≤ 0,5 kg CO<sub>2</sub> e Parempi valinta Healthy choice Vegaaninen Vegan Opiskelija-ruokailusuos. Recommended student meal Sisältää porsaanlihaa Including pork Lihan alkuperämaa Suomi / EU / muu The country of meat origin: Finnish / EU / non-EU