














## Menu 30.03. - 05.04.






### Monday

Pork cutlet, bearnaise sauce and cream potatoes		 
Vegan potato hash	G, M	
Sausage soup	G, M	 
Tomato soup	G, L	
GRILL: Pizza pepperoni	L	 
Protein for salad lunch: Mozzarella, smoked salmon		
Apple-cinnamon oatbake with vanilla sauce	L	






### Tuesday

Butter Chicken and saffron basmati	G, L	
Butter tofu and saffron basmati	G, M	
Liver and bacon stew and parsley potatoes	G, L	 
Parsnip puree soup	G, L	
GRILL: BBQ ribs, potato wedge, roasted pepper mushroom salad and garlic mayo	G, L	 
Protein for salad lunch: Bread cheese, tuna		
Mango smoothie	G, L	

### Wednesday

Beef patties, mushrooms stewed in cream and roasted thyme potatoes	G, L	
Pottufalle dumplings, harissa tomato sauce and herb rice	G, M	
Cheesy game meat soup	G, L	
Beetroot and goat cheese soup	G, VL	
GRILL: Risotto ai frutti di mare	G, L	
Protein for salad lunch: BBQ mini meatballs, brie cheese		 
Peach quark	G, L	

### Thursday









Hawaiian huli-huli chicken and basmati rice	G, M	
Huli-huli quorn	M	
Lamb meatballs, red wine sauce and creamed potatoes		
Root vegetable puree soup	G, L	
GRILL: Rigatoni all'amatriciana	L	 
Protein for salad lunch: Smoked salmon, ricotta cheese		
For everyone: Mämmi, vanilla sauce and sugar		

### Friday

Happy Easter!

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.  
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

**G** Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

 ≤ 0,5 kg CO<sub>2</sub> e  Parempi valinta  
 Vegaaninen  Opiskelija-ruokailusuos.  
 Sisältää porsaanlihaa    Lihan alkuperämaa Suomi / EU / muu  
 Healthy choice Vegan Recommended student meal Including pork The country of meat origin: Finnish / EU / non-EU