


## Menu 13.04. - 19.04.


### Monday

Chicken stew with honey, rice	G, L	
Spinach and tofu stew with rice	L	

### Tuesday

Chicken balls, apple and sour cream sauce with potatoes	G, L	
Chickpea patties, apple and sour cream sauce with potatoes	G, M	


### Wednesday

Spaghetti and sauce bolognese	M	
Spaghetti and vegan bolognese	M	 

### Thursday









Spinach soup wit egg	L	
Cinnamon cookie	M	

### Friday

Tuna fish lasagnette	L	
Vegetarian lasagnette	L	

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.  
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

**G** Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

 ≤ 0,5 kg CO<sub>2</sub> e  Parempi valinta  
 Vegaaninen  Opiskelija-ruokailusuos.  
 Sisältää porsaanlihaa    Lihan alkuperämaa Suomi / EU / muu  
 Healthy choice Vegan Recommended student meal Including pork The country of meat origin: Finnish / EU / non-EU