























Menu 27.04. - 03.05.












Monday

Baked potato with BBQ tofu	M	  
Curry and chicken sauce with rice	G, L	 
Minced meat soup, from main catering line	G, M	  
Baguette lunch:tuna fish baguette with side salad and drink	M	 
Blueberry curd	G, L	


Tuesday

Cauliflower and mung bean curry with rice	G, M	  
Tuna fish lasagnette	L	  
Chicken and coconut soup, from main catering line	G, M	  
Baguette lunch:tomato and mozzarella baguette with side salad and drink	L	
Peach yoghurt	G, L	

Wednesday









Mediterranean baked pasta	M	  
Roasted chicken with bell pepper sauce and rice	G, L	 
Root vegetable soup with cottage cheese, from main catering line	G, L	 
Baguette lunch:BBQ ham baguette with side salad and drink	M	  
Mango smoothie	G, L	

Thursday

Root vegetable and bean stir fry	G, M	  
Stir fry	G, M	  

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

       
 ≤ 0,5 kg CO₂ e Parempi valinta Healthy choice Vegaaninen Vegan Opiskelija-ruokailusuos. Recommended student meal Sisältää porsaanlihaa Including pork Lihan alkuperämaa Suomi / EU / muu The country of meat origin: Finnish / EU / non-EU