

## Menu 06.07. - 10.07.

### Monday

Butter chicken, basmatirice  
 Mifuchilis, basmatirice  
 Salads and protein options priced by weight  
 Roasted pepper soup  
 Lemon- saltyliquoricecurd

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### Tuesday

Cheese sausages, mashed potatoes  
 Carrotlettuces, lingonberryjam  
 Salads and protein options priced by weight  
 Asparagussoup  
 Vaniljapudding and hallonberryjam

### Wednesday

Grilled chickenbreast with bearnaisessauce, herb potatoes  
 Sweet potatoes-pecannutscasserole and kale-pumpkinseedsalad  
 Salads and protein options priced by weight  
 Spinachsoup  
 Whitechocolate-blueberrymousse

### Thursday









Meat of pastitsio  
 Madrascurry of chickpeas, basmatirice  
 Salads and protein options priced by weight  
 Carrot puréed soup  
 Banoffee and marshmallow

### Friday

Pork sirloin Hawianstyle, harissamayonnaise, vegetables ja creampotatoes  
 Root vegetable hash  
 Salads and protein options priced by weight  
 Beetroot purée soup  
 Blueberrypie and vaniljasauce

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.  
 Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

**G** Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

 ≤ 0,5 kg CO<sub>2</sub> e  Parempi valinta  
 Healthy choice  Vegaaninen  
 Vegan  Opiskelija-ruokailusuos.  
 Recommended student meal  Sisältää porsaanlihaa  
 Including pork    Lihan alkuperämaa Suomi / EU / muu  
 The country of meat origin: Finnish / EU / non-EU