

Menu 20.07. - 24.07.

Monday

Butter Chicken (L,G,Nut-free), Basmati rice (V,M,G,Nut-free), Curry cauliflower (V,M,G,Nut-free)



Spinach pancakes (L,Nut-free), Roasted potatoes(V,M,G,Nut-free), Sour cream (L,G,Nut-free), Mashed lingonberries (V,M,G,Nut-free)

Carrot and ginger puree soup (V,M,G,Nut-free)



Salad Garden

Tuesday

Baltic herring fish croquettes (L,G,Nut-free), Roasted potatoes (M,G,Nut-free), Dill sour cream (L,G,Nut-free), Roasted carrots



Lentil and vegetable Shepherd's pie (V,M,G,Nut-free)



Parsnip puree soup (V,M,G,Nut-free)



Salad Garden

Wednesday

Chili con Carne (M,G,Nut-free), Rice (V,M,G,Nut-free), Tortillas (V,M,Nut-free), Tomato salsa (V,M,G,Nut-free), Coriander sour cr



Spicy chickpea patties (V,M,G,Nut-free), Roasted potatoes (V,M,G,Nut-free), Cauliflower curry (V,M,G,Nut-free)



Spinach-broccoli-pea puree soup (V,M,G,Nut-free)



Salad Garden

Thursday

Sausage selection (M, Nut-free), Anna's potatoes (V,M,G,Nut-free), Cucumber salad (V,M,G,Nut-free)



Italian style vegetable croquettes in tomato sauce (V,M,G,Nut-free), Tortelloni (V,M,Nut-free), Vegetables (V,M,G,Nut-free)

Sweet potato and chili puree soup (V,M,G,Nut-free)



Salad Garden

Friday

Chicken Kiew (VL,Nut-free), Rice (V,M,G,Pähkinätön), Chives sour cream (L,G,Nut-free), Ratatouille vegetables (V,M,G,Nut-free)



Soy and black bean patties (V,M,G,Nut-free), Roasted potatoes (V,M,G,Nut-free), Chives sour cream (L,G,Nut-free)

Asparagus soup (V,M,G,Nut-free)

Salad Garden

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose