

Menu 07.09. - 11.09.

Monday

Spaghetti Bolognaise and parmesan cheese (ask for gluten free)	L	(FI)
Chickpea zucchini korma and basmati rice	G, M	
Tomato chili coriander soup	G, M	
Poke bowl with warm smoked rainbow trout or marinated tofu	G, L	
Rich salad bar with chicken and feta-cheese napas		

Tuesday

Chicken and chorizo paella, aioli	G, M	(FI)
Vegan marry me pasta	M	
Creamy fish soup	G, L	
Carrot puree soup with ginger	G, L	
House burger with abundant sides and french fries (Ask for a gluten-free or vegetarian option)		(FI)
Rich salad bar with shrimp and mozzarella cheese napas		

Wednesday

Meatballs in creamy green pepper sauce, boiled potatoes, lingonberry mash	G, L	(FI)
Pike Wallenberg patty, crab sauce and boiled potatoes	L	
Tofu curry, basmati rice	G, M	
Root vegetable purée soup	G, L	
Grilled rainbow trout, hollandaise sauce, roasted potatoes and oven roasted vegetables	G, M	
Rich salad bar with roast beef and goat cheese napas		

Thursday

Oven baked sausage gratinated with cheese, mashed potatoes and mustard relish	G, L	(FI)
Avocado pasta and parmesan cheese	L	
Sweet potato and parsnip purée soup with ginger-roasted broad bean crumble	G, L	
Pea soup and chopped onion	G, L	(FI)
Grilled chicken fillet, bearnaise sauce, potatoes and roasted root vegetables 13,50 € or beef minute steak 17,90 €	G, L	(FI)
Rich salad bar with tuna and cottage cheese napas		

Friday

Crispy chicken Kiev, curry apple mayonnaise and rice	VL	(EU)
Chicken-chorizo pasta casserole	L	(FI) (EU)
Tortilla with bean vegetable filling, mango pineapple salsa, sour cream and coriander	L	
Asian tofu-noodle soup	M	
Pizza friday	L	(FI)
Rich salad bar with two napas		

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose