

Menu 28.09. - 02.10.

Monday

Pork minute steak, choron sauce and boiled potatoes	G, M	 
Butter tofu and basmati rice	G, L	
Sausage soup	G, L	 
Vegetable purée soup with cheese	G, L	
Poke bowl with salmon (M,G)or marinated tofu (M)	G, L	
Rich salad bar with chicken and feta cheese napas		

Tuesday

Chicken in sun-dried tomato and cream cheese sauce, roasted potatoes and sweet potatoes	G, L	
Tomato-mozzarella and härkis potato casserole, roasted kale	G, L	
Breaded saithe, dill potatoes, caper-parsley butter	G, L	
Cauliflower purée soup	G, L	
House burger with abundant sides and french fries	L	 
Rich salad bar with smoked rainbow trout and mozzarella cheese napas		

Wednesday

Fried minced meat patties, creamy mushroom sauce and mashed potatoes with dijon mustard	G, L	 
Wokked vegetables and seitan, basmati rice and sweet chili sauce	G, M	
Tomato and goat cheese soup	G, VL	
Grilled salmon, parmesan potatoes, honey roasted vegetables and chimichurri sauce	L	
Rich salad bar with tuna and cottage cheese napas		

Thursday

Breaded flounder, remoulade sauce and creamy potatoes with cheese	G, L	
Palak paneer and basmati rice	G, L	
Sweet potato purée soup	G, L	
Grilled chicken fillet, bearnaise sauce, french fries and roasted cauliflower and broccoli 13,50 € or beef minute steak 17,90 €	G, L	
Pea soup and chopped onion	G, M	 
Pancake, jam and whipped cream	L	
Rich salad bar with serrano ham and bread cheese napas		

Friday

Chili con carne, rice, salsa, nachos and sour cream	G, L	
Lentil-pesto mozzarella lasagnette	L	
Salsify purée soup	G, L	
Pizza Friday	L	 
Rich salad bar with two napas		

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose