






## Menu 03.11. - 09.11.




### Maanantai

Salad bar	M, G	
Zucchini and goat cheese soup	G, VL	
Tomato and bell pepper pasta	M	
Breaded flounder and lime yogurt sauce	L	

### Tiistai

Salad bar	M	
Beetroot soup	G, L	
Peanut & tofu wok and rice	G, M	
Meatballs (Beef and pork - Fin) and pasta with tomato sauce	M	  

### Keskiviikko

Salad bar	M	
Sweet potato soup	G, L	
Ricotta and spinach cannelloni with tomato sauce	L	
Veggie patties, sour cream and parsley sauce	L	

### Torstai

Parma ham salad	L	
Leek and potato soup	G, L	
Mie Goreng tofu	M	
Smoked salmon pasta	L	
Rhubarb pie	M	

### Perjantai

Salad bar	L	
Cheese vegetable soup	L	
Carrot patties, Mash and herb sauce	L	
Wiener schnitzel (Fin)	M	

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.  
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

**G** Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

 ≤ 0,5 kg CO2 e  Parempi valinta  
 Vegaaninen  Opiskelija-ruokailusuos.  
 Sisältää porsaanlihaa    Lihan alkuperämaa Suomi / EU / muu  
 Healthy choice Vegan Recommended student meal Including pork The country of meat origin: Finnish / EU / non-EU