



Menu 17.08. - 21.08.

Maanantai

Salad bar

Vegetarian Borscht

G, M



Greek-style vegetable stew with mint yogurt.

G, L

Turkey patties (FIN) and Chimichurri sauce

G, M



Tiistai

Salad bar

Ginger-carrot soup

G, L



Pinto bean and mushroom paella

G, M

Baltic herring meatballs with lemon Dill cucumber mayo

G, L

Keskiviikko

Salad Bar

Broccoli soup

G, L



Bell peppers stuffed with a lentil and soy filling. Lemon soy yogurt sauce

M

Cold-smoked tofu and button mushroom poke bowl

G, M

Torstai

Ricotta salad

Tomato soup

G, M



Mushroom ravioli with pesto

M

Pork schnitzel (FIN) and Choron sauce

L



Rhubarb-strawberry kisse

G, M

Perjantai

Salad Bar

Creamy beetroot soup

G, L



Carrot-oat pancakes and Lingonberry mash

L

Smoked salmon pasta

L

Muutokset ruokalistoilla ja tuoteselosteissa mahdollisia. Henkilökunta auttaa mielellään ruoka-aineallergioihin liittyvissä asioissa.
Changes in menus and list of ingredients are possible. Our staff is always ready to help you if you have any questions concerning allergies.

G Gluteeniton | Gluten free **L** Laktoositon | Lactose-free **M** Maidoton | Milk-free **VL** Vähälaktoosinen | Low-lactose

≤ 0,5 kg CO2 e Parempi valinta Healthy choice Vegaaninen Vegan Opiskelija-ruokailusuos. Recommended student meal Sisältää porsaanlihaa Including pork Lihan alkuperämaa Suomi / EU / muu The country of meat origin: Finnish / EU / non-EU