



Restaurant Juurakko
Café Kivi

NEWSLETTER

January – February 2026



News

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Bring Color to Your Plate!

January

“New Year, New Beginnings! Let’s add some color to our plates. Enjoy vegetables, fruits, and berries every day of the week. Try the new products at the Salad Bar and the colorful plant-based dishes at the Kitchen!”



Keep Food Waste to a Minimum

19th January - 23rd January

An empty plate is the best environmental action. Take only as much as you will eat and help save the planet for future generations. In week 4, we will share different ways to reduce food waste. Let’s do good together!



Boost Your Day!

Café Kivi

Café Kivi is doing great! Indulge in vegan sandwiches. Enjoy a bowl of quark, berries, and nuts from the abundant vitamin bar. Try the Smoothie Rainbow or start your day with Kivi’s own ginger shot.

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January & Blinis!

21st January – 22nd January

January is traditional blini time. At the Special's station, we offer luxury for everyday life. Enjoy delicious blinis with various meat, fish, and vegetable fillings.



New! Quinoa Bowl

Café Kivi

Grab a vegan Quinoa Vegetable Bowl! Available from 12th January – 23rd January. A bowl of crunchy, colorful vegetables for €10.90. You can also pay with E-pass.



Japan Theme

28th January – 29th January

Japanese cuisine is based on the concept of 'Hara Hachi Bu' – Eat until you are 80% full. On theme day, we offer delicious and soul-nourishing dishes known for their health benefits. Welcome to lunch!

Ajankohtaista

Tammi – helmikuu 2026



Fitness and Nutrition

February

In February, we encourage you to stay active and eat a balanced and healthy diet. Join the Super You Bingo and enjoy vegan vegetable dishes from 23rd February – 27th February!



Berry-Quark Bowls are here!

Café Kivi

February's delicious berry quark bowls are at Café Kivi! Grab a vitamin-packed and high-protein snack to go



Tune Your Own Shrove Bun!

Café Kivi 10th -17th February

How about a fresh bun with chocolate chips and vanilla cream? Or perhaps try Biscoff foam and pineapple jam for a change? There's a bun for every taste now!

**The next newsletter
will be published in March
2026**

See You!

